

“If Parents Only Knew...” - Thoughts from Students: We gave some students an opportunity to share what they wish their parents knew – about what they are thinking, worried about, dealing with, etc. Some of their responses are shown below.

“Sometimes I have lots of homework and you’re not very understanding when I say I can’t help out around the house.”

“Everything is great with my parents. I tell them everything!”

“I feel that parents don’t have high enough expectations for students.”

“I wish my mom knew I’m not like her. I wish my dad knew how much I miss him.”

“I didn’t want to go in track but my mom wanted me to so I can stay fit for next year in hockey. I don’t like running!! But my parents think I do.”

“I’m like always in my room and if I ever want to talk to them about something I deal with, I feel I can’t trust them basically, because they will over react.”

“Sometimes it is hard to talk to you but most of the time you understand me. I feel you should be more open with me and at the end of the day I wish we hung out more instead of you being at work.”

“What I deal with in my social and school life is different from what you experienced.”

“I feel that there is a lot of pressure on me to do very well in school and do all my chores every night. Sometimes I want to have a break and have time to myself or with my friends without them constantly on my back.”

“I wish my parents knew how hard it was to be me/the stereotype I am. I am the quiet one and have social anxiety. I hate it when they pressure me to get involved in certain things I am not comfortable with. Sure, I used to be but I’ve changed. Also, that I AM NOT MY SISTER! Stop trying to compare me to her and make me like her. Just because she had her plan after school and knew everything she needed, I don’t! I need more time to decide. I like to live in the moment. I don’t want to worry about the future.”

“I wish I could tell my parents how I really feel most of the time.”

“I wish my parents would treat me the same as all my younger siblings and understand that I am a responsible teenager. I wish they would allow me to do things that make me happy.”

“I wish my parents knew that it hurts me when they talk badly about each other.”

“...that it is better to talk to us than to make assumptions about the worst.”

“Me and my parents have a wonderful relationship but I wish they’d accept my friends more and appreciate my effort.”

