



United Native Friendship Centre

Address: Circle of Life Centre
616 Mowat Avenue
Fort Frances, ON P9A 3N1

Telephone: (807) 274-8541, ext. 292
Toll Free: 1-877-496-9034
Fax: (807) 274-4110

The goal of the Children's Mental Health Project is to decrease youth involvement in gang activity, violence, and drug and alcohol abuse, and to address mental health/addictions issues that are often a result of high incidences of family violence.

The program serves children and youth between 7 and 15 years of age. The program uses a "culturally based approach" to strengthen the family unit.

Services include:

- Family support
- Therapeutic group services such as children's circles, healing circles, Kiizhaay Anishinabe Niin and Kanawayhitowin
- Public education on drug and alcohol abuse, violence and gang activity
- Community and cultural events
- Intake and assessments
- Referrals to appropriate needs of family and children
- Peer counselling to assist with coping strategies

Atikokan Native Friendship Centre

Address: P.O. Box 1510
309 Main Street West
Atikokan, ON P0T 1C0

Telephone: (807) 597-1213
Fax: (807) 597-1473



Weechi-it-te-win Family Services

Address: P.O. Box 812
Fort Frances, ON
P9A 2N1

Telephone: (807) 274-3201
Toll Free: 1-800-465-2911
Fax: (807) 274-8435

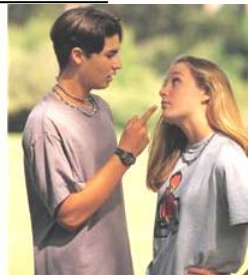
Weechi-it-te-win Family Services is a community oriented, community based, Native staffed child and family service agency. Weechi-it-te-win serves 10 area First Nations communities located in the Rainy Lake District of Ontario. Services include:

- Effective linkages in the communities with, for instance, Ontario Early Years Centres, child care centres, elementary schools, etc.
- Clinical assessments
- Integrated treatment plans for children (0-6) and assessment of identified services
- Treatment
- Family counselling
- Early identification and prevention programs
- Crisis intervention
- Linking families
- Parenting classes and life skills training (or referrals)
- Parenting and early child development training for service providers
- Services will take the form of an individual or a group-based treatment program that will have two major components, provided concurrently: child development and parenting skill development

Other Youth Services

Big Grassy Medical Centre
Telephone: (807) 488-5457

Big Island Health Centre
Telephone: (807) 488-5602



Community Supports for Healthy Minds

Canadian Mental Health Association

Gizhewaadiziwin Health Access Centre

Kenora-Rainy River Districts Child and Family Services

Riverside Community Counselling

Atikokan Community Counselling Services

Fort Frances Community Clinic

United Native Friendship Centre

Atikokan Native Friendship Centre

Weechi-it-te-win Family Services

Fort Frances and Atikokan Family Health Teams

Big Grassy Medical Centre

Big Island Health Centre

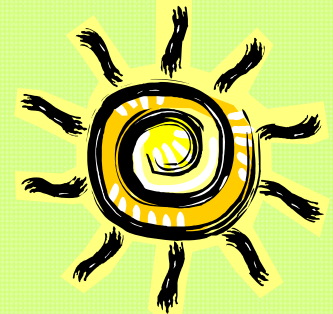


Rainy River District School Board

522 Second Street East
Fort Frances, Ontario, P9A 1N4
(807) 274-9855
www.rrdsb.com

April 2014

Supports for Healthy



Minds

Children's Mental Health Programs within the Community



Canadian Mental Health Association

Address: Box 446
612 Portage Avenue
Fort Frances, ON P9A 3M8

Telephone: (807) 274-2347
Fax: (807) 274-2473

The Canadian Mental Health Association (Fort Frances Branch) strives to provide the information, knowledge and support necessary to empower recovery for individuals. It exists to promote Mental Wellness within the Kenora-Rainy River Districts by enabling individuals, groups and communities to increase control over and to enhance their mental health.

Services include:

- Case Management Program
- Court Diversion & Support Program
 - Court Support Services
 - Post-Conviction Services
- Family Liaison—support to whole families including the parents, children, spouses and siblings
- Rolesing program
- Peer Support



Gizhewaadiziwin Health Access Centre

Address: Box 686
Fort Frances, ON P9A 3M9

Telephone: (807) 274-3131
Fax: (807) 274-6280
Website: www.gizhac.com



FASD/Child Nutrition Program

Services include:

- Social skills support for youth
- Behaviour modification
- Parent support
- Parenting classes
- Workshops and support groups for parents

Mental Health Program

Services include:

- Individual, family, and group counselling
- Education and prevention through workshops, presentations, or facilitations of programs on mental health related topics

Issues addressed include:

- Mental health
- Disorders
- Family violence
- Substance abuse
- Depression
- Suicide risk assessment and prevention
- Grief
- Teen issues
- Family relations issues
- Relationship issues
- Parenting

Atikokan Community Counselling Services

Address: 123 Mark Street
Atikokan, ON P0T 1C0

Telephone: (807) 597-2724

Atikokan Family Health Team

Counselling available with referral from family doctor or nurse. Nurse to be stationed at Atikokan High School once a week beginning in 2013 (324 Mercury Avenue, 807-597-2703).



Kenora-Rainy River Districts Child and Family Services

Referrals for service are received through Firefly (formerly Integrated Services Northwest).

For Firefly in Fort Frances, Rainy River and the surrounding area, phone or drop by the office—

Address: 240 First Street East, Suite 201
Fort Frances, ON P9A 1K5

Telephone: (807) 274-2347

For Atikokan and the surrounding area, phone or drop by the office—

Address: Box 2309
211 Main Street
Atikokan, ON P0T 1C0

Telephone: (807) 597-4528

Kenora-Rainy River Districts Child and Family Services is an integrated agency whose programs and services include Children's Mental Health Services.

Services include:

- Individual counselling
- Family counselling
- Group counselling
- Psychometric assessments
- Development of treatment plans
- Suicide risk support services available 24 hours a day
- Linkages with health, financial, and educational services in the community
- Support and assistance with behavioural problems
- The Arson Prevention Program for Children (TAPP-C)
- Assistance with concerns related to anger management, attachment, bullying, communication skills, family functioning, loss/separation/divorce, relationships, sexual abuse victimization, and social skills

Riverside Community Counselling

Address: Community Health Services Building
206 Victoria Avenue
Fort Frances, ON P9A 2B7

Telephone: (807) 274-4807

Riverside Community Counselling provides Community Treatment Services to people in the community, 18 years and older, who are experiencing addiction, mental health and trauma problems. Services are provided to individuals, couples, families, and groups.

Services include:

- Addiction assessment/referral only—any age
- Addiction counselling and relapse prevention—ages 18 years+ only
- Problem gambling—any age
- Family violence of unresolved child, intimate partner (dating) and sexual assault—adult women who have been victims/survivors, and men of any age who have been survivors of sexual assault
- Mental health support for those experiencing loss, mental illness, emotional crisis, traumatic childhood, disability, LGBTQ (lesbian, gay, bisexual, transgender), or other life issues
- Eating disorders—any age
- Marital and family counselling for family relationships and conflict, communication skills, separation and divorce

Additional programs:

- Awareness and educational sessions on addiction, mental health, and trauma issues are negotiable due to limited resources.
- Critical Incident Stress Management (CISM) services may be limited due to scope of event; contact 1-866-888-8988 anytime or from 8 a.m. to 4 p.m. contact 274-4807 for response.

The Family Health Team

Case Manager: Adolescent-Young Adult

Address: 301 Victoria Avenue
Fort Frances, ON P9A 2C1

Telephone: (807) 274-3287 ext. 271