

# Code of Conduct for Fort Frances Muskie Extra-Curricular Activities

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Fort Frances High School is committed to an interscholastic extra-curricular program based upon excellence, positive student interaction and the promotion of extra-curricular activities as part of a complete and well-rounded education program. As a Muskie student, you will be expected to follow this Code of Conduct. It is a privilege to be involved in extra-curricular activities. You are expected to conduct yourself in the highest standards of behaviour. Every Muskie student knows that extra-curricular activities are in addition to and academic achievement and must come first.

1. Muskie student athletes will participate in only one interschool sport at a time. There may be special circumstances that allow a student to participate in more than one sport at a time. In these cases, approval must be given by the athletic director responsible for the sports in consultation with the school administration. Due to the necessity of holding hockey tryouts early in the school year to determine an athlete's eligibility for minor hockey, female athletes may be involved in hockey tryouts while also trying out for basketball. Male athletes may be involved in hockey tryouts while also trying out for, or participating in, volleyball, football, or golf. Both male and female athletes may be involved in hockey tryouts while trying out for, or participating in cross country running. However, once hockey tryouts are complete, the athlete will not participate in hockey practices, games or dry land training until their fall sport season has concluded and the fall sport team has been eliminated from further competition. This regulation would also apply to other fall sports which may be introduced in the future.
2. All Muskie student athletes will maintain passing grades in all of their courses. An athlete may be allowed to continue to practice or play with a team while they have a failing grade. Athletes also may be suspended or removed from a team if they fail to improve marks when requested. (See Appendix 1 – Academic Eligibility Procedure)
3. Every Muskie student athlete will have a full course load. This means all Grade 9 and 10 students will have a minimum of four courses in each semester and all athletes in Grade 11 and 12 will have a minimum of three courses in each semester. Students in their fifth year of high school and who have graduated will be registered in a minimum of two courses per semester.
4. Muskie student athletes will pay their user fees before representing Fort Frances High School. Fees must be paid before a student can participate in any league or exhibition game.
5. Muskie student athletes will attend all of their classes on time every day unless they are legitimately absent. This will be the practice for the entire school year and not just during the season of their particular sport. Students who are habitually truant (more than 5 skipped classes in a semester) may not be allowed to try out for Muskie teams and could be removed from a team whose season is already in progress.
6. Smoking and other tobacco products can represent a serious health hazard. It is highly recommended that Muskie student athletes avoid tobacco products. No Muskie athlete will use tobacco products on trips where they are representing the school as an athlete. Consequences will be assigned by the athletic director in consultation with the coach and principal/designate.

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7. Any Muskie student athlete found to use or be in possession of alcohol or illegal drugs AT ANY TIME during school or any school function will be ineligible for Muskie athletics for a period of one year from the date the offence is discovered. An appeal to the principal will be allowed after six months.
8. Muskie student athletes will abide by the rules of Fort Frances High School when they are representing our school. Curfews must be adhered to on trips.
9. Muskie student athletes will refrain from inappropriate use of social media in any form.
10. Fundraising events and activities will be conducted as per the Rainy River District School Board policy, 8.24,  
[http://www.rrdsb.com/sites/www.rrdsb.com/files/forms/director/8%2024%20Fundraising%20Activities\\_0.pdf](http://www.rrdsb.com/sites/www.rrdsb.com/files/forms/director/8%2024%20Fundraising%20Activities_0.pdf)
11. Muskie student athletes will respect all teachers, coaches, officials and adults in authority. Adults will be addressed formally as Mr. Mrs. etc. The only exception is if a coach allows the athlete to address them as "Coach." No first names or nicknames will be used when addressing adults.
12. Muskie student athletes must have attended all classes on the day of games or practices in order to be eligible to participate. **It is the athlete's responsibility to inform their coach if they have missed a class and the reason for the absence.** Muskie student athletes must return to class upon completion of any activity scheduled during the school day. Failure to do so could lead to suspension from the team.
13. Muskie student athletes will attend all classes on the first school day following a road game, regardless of the time the team may return home. The only exception to this would be illness.
14. Muskie student athletes will return all uniforms and equipment immediately following the completion of their season and clean out any locker assigned to them.
15. There will be no initiations/hazing on any teams/groups. The penalty for infractions of this rule will be suspension from school and removal from the team.
16. Student athletes who are restricted from participation for medical reasons must provide a doctor's permission in writing to the Athletic Director before resuming play.
17. All players will travel with the group vehicle unless they receive administrative approval. There is a form available in the main office which when completed by the parent or guardian is returned to the main office. This permission form must be completed prior to the trip and signed off by an administrator. This would then allow a student to travel with his/her parent or another adult approved by the parent and school.
18. Any infraction of this code will be dealt with by the athletic director and/or the principal or designate. Also, any infraction of the general Fort Frances High School Code of Conduct may result in suspension or removal from a team.

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**YOU REPRESENT YOUR SCHOOL AND YOUR COMMUNITY. WIN WITH GRACE...LOSE WITH CLASS. PLAY HARD AND PLAY FAIR. YOU ARE A FORT FRANCES MUSKIE!**

## **Appendix 1 – Academic eligibility Procedure**

### **Athletic Academic Eligibility**

The Athletic Code of Conduct states that:

“All athletes will maintain passing grades in all their courses. While an athlete may continue to practice with a team while they have a failing grade, no Muskie athlete will represent Fort Frances High School in interschool competition unless they are passing all their courses. “

Muskie student athletes are usually given every opportunity to improve their marks before they are dropped from a team. The first stage involves the athlete meeting with a vice-principal to review their marks. If an athlete is failing a course he/she is given a reasonable amount of time to show improvement in their mark and/or get the mark above 50%. If the student athlete does not improve his or her mark to the level indicated within the established timeline, then the next step would be to not allow the student to play until he/she is passing all courses. Another timeline is established by which the student must improve his/her mark to the passing level. If the student does not improve their mark to passing by the end of this time period, they face removal from the team. As you can see, athletes are given a fair chance to improve their marks to a passing grade.

There are occasions when this rule is followed strictly. Some students who are repeatedly failing in their courses and exhibit poor attendance and failure to hand in assignments repeatedly will be moved to the final phase immediately or in some severe cases will not be allowed to try out for or remain on a team.

This process is designed to keep student athletes motivated and working hard in their classes while still keeping a strong focus on the **student athlete**. There may be other circumstances that occur which may involve administrative intervention and suspension from athletics. The principal reserves the right to suspend students from extracurricular activities due to academic issues that may not be covered in this document.

- If a Muskie Student Athlete leaves a team because of poor academic standing, activity fees will not be refunded.

\*Revised 2012-12-12